



Health Exploration Resources & Opportunities



APPLICATIONS NOW
OPEN FOR THE

2026 HERO PROGRAM



The HERO Mentoring program is a virtual health science enrichment and career exploration opportunity for Vermont high school students. Medical student mentors lead activities on anatomy, physiology, and pathology.

Are you:

* Considering a career in health or medicine?

* Curious about anatomy, illness, and emerging topics in medical science?

* Planning for college or technical training after high school?

* A Vermont student living in a qualifying county**

As a participant, you'll have access to additional resources through the Vermont AHEC Network:

- Begin to develop your professional network through connection with a UVM medical student and AHEC staff.
- Access to online tools and resources to understand human anatomy, physiology, and disease and how they relate to different health careers.
- Receive advance notice of upcoming AHEC opportunities related to health and medicine.
- VTHealthCareers.org career exploration site.

→ **Application closes September 18, 2026** ←

****Qualifying counties are:**

Caledonia, Chittenden, Essex, Franklin, Grand Isle, Lamoille, Orleans, Orange, or Washington county.



For more information contact :
healthcareers@nvtahec.org

