



HHealth **E**xploration **R**esources & **O**pportunities

Are you:

- ⇒ Interested in science and technology?
- ⇒ Considering a career in health or medicine?
- ⇒ Curious about biology, illness, and emerging topics in medical science?
- ⇒ Planning for college or technical training after high school?



The HERO Mentoring program is a fully online health science enrichment and career exploration opportunity for high school students. Medical student mentors lead activities on anatomy, physiology, and pathology.



Mentors can provide tutoring, advising, and connection as a fellow health science enthusiast.

Participants in the HERO program have access to other resources from Northern Vermont AHEC:

- ◆ The VTHealthCareers.org career exploration website
- ◆ Develop your professional network through connection to health professionals in Vermont.
- ◆ Access to online tools and resources to understand human anatomy, physiology, and disease and how they relate to different health careers.
- ◆ Receive advance notice of upcoming AHEC opportunities related to health and medicine.



Applications open in August !



For more information about HERO, contact Program Director, Lanie Billings: lbillings@nvtahec.org or scan this QR code.



HERO is a program of



VTHealthCareers.org
nvtahec.org