

# CLASSROOM CAREER EXPLORATION OFFERINGS

## ONE HOUR SESSIONS

### Health Careers Exploration Presentation

- An introduction to the vast world of health careers. Students explore the knowledge, skills, earnings, and settings of a variety of health careers through an interactive presentation.
- For 6-30 students

### Potato Head Medical Teamwork Simulation

- A fun, hands-on activity designed by medical providers. Potato Head demonstrates the importance of effective communication in complex situations.
- For 6-20 students

### Stop the Bleed

- A certification course that trains students on how to stop life-threatening bleeding. Includes hands-on practice with STB manikins.
- For 6-20 students

### Hands-Only CPR

- A non-certificate training on the importance of CPR (cardiopulmonary resuscitation). Students learn how CPR works to keep a person alive and practice hands-on with CPR manikins.
- For 6-26 students

### Diabetes Activity

- A fun activity created by AHEC staff that uses small groups and props to help students understand the physiological processes of diabetes.
- For 10-50 students

### Splinting Workshop

- A non-certificate activity that teaches students how to splint an injured extremity. Includes hands-on practice with splinting materials.
- For 10-20 students

### Chain of Infection & Norovirus Scenario

- An engaging and interactive lesson that helps students understand how an infection can be spread. Students work together to identify ways to reduce the transmission of a highly contagious illness.
- For 6-30 students

## 90-MINUTE SESSIONS

Select any  
two of the  
One Hour  
Sessions

- Content is condensed and combined into a 90-Minute Session
- For example: Health Careers Exploration Presentation & Stop the Bleed
- For 6-20 students

CPR / AED  
Certification

- Heartsaver CPR / AED training course, certified through the American Heart Association, is designed to teach individuals with little to no medical background how to perform CPR (cardiopulmonary resuscitation) and use an automated external defibrillator (AED) in emergencies.
- Also available, Basic Life Support (BLS) CPR / AED is a more comprehensive certification designed for healthcare workers and first responders that includes additional life-saving techniques.
- Requires a \$25 fee per participant for certification
- For 6 to 20 students

Medical  
Ethics  
Discussion

- A thought-provoking case discussion about the basics of medical ethics and deciding among 10 liver transplant candidates who will receive 5 available livers.
- For 6 to 25 students

## TWO HOUR SESSION

First Aid  
Introduction

- This non-certification training covers severe bleeding control, hands-only CPR, use of an automated external defibrillator (AED) and other first aid training topics, including responding to choking, seizures and drug overdoses.
- For 6-30 students

CPR / AED  
and Stop the  
Bleed

- A combination of the Heartsaver CPR / AED training course (described above) and Stop the Bleed certificate training.
- For 6-30 students

Vital Signs  
Clinic &  
Patient  
Assessment

- A workshop that introduces measuring basic vital signs and the essential elements of a patient assessment
- For 10-20 students

Connect  
with us:

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