



HERO participants receive...

- ▶ Priority admission and full scholarship to MedQuest (for sophomores completing the program)
- ▶ Scholarships to other available health-related summer enrichment programs
- ▶ Field trips and job shadows in health care settings
- ▶ Health professional certifications
- ▶ Personalized support for health career and college planning
- ▶ And so much more!

HERO is provided in partnership with:

THE UNIVERSITY OF VERMONT
LARNER COLLEGE OF MEDICINE



What students tell us about our programs:

"It's a once in a lifetime experience!"

"I felt welcomed by all and created relationships with almost everyone here. I really enjoyed the variety of activities that we did, especially since it provided us with a feel for various professions within the medical field."

"This has been such a great experience for me. It was so wonderful for my future. I learned a lot. Thank you."

"I couldn't ask for a better place, teachers, leaders or peers."

"I noticed that learning about the human body didn't even feel like work because I am very interested in it."

"I will use these skills to push myself to be better than what I was."

For more information contact Health Careers Counselor, Carlinne DeLima at



347 Emerson Falls Road, Suite 3
St. Johnsbury, Vermont 05819

Phone: 802-748-2506

Fax: 802-748-2910

Email: ExploreHealthCareers@nvtahec.org

Website: nvtahec.org

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HERO

Health Education Resource Opportunities

A Year-Round Health Careers Exploration Program



Hands-on Exploration of Health Care and Health Science for Burlington High School & Winooski High School Students Interested in Science & Medicine



Enrichment & Skill Development for Career Planning

HERO

A Year-Round Health Careers Exploration Program

You should join if...

- ✓ You are interested in a career in health care or health science
- ✓ You want to improve your knowledge & skills in life science
- ✓ You hope to apply to a college or university after high school
- ✓ You are interested in meeting other students with similar interests



If you have questions about any aspect of this program, please contact Carlinne DeLima, Health Careers Counselor, at (877) 215-3921 (toll free).

Examples of past HERO events:

First Aid Training

Participants became certified in first aid! First aid can immediately assist an injured person and in some cases may help keep the victim alive until a medical professional arrives.

Health Science in Boston

Participants visited the Boston Museum of Science, the Paul Russell Museum of Medical History and Innovation, and the Ether Dome at Massachusetts General Hospital, where the first surgery using anesthesia was performed!

Health Careers Exploration Week

Participants engaged in hands-on activities with health professionals in different health care fields, while learning more about their profession and whether it aligned with the participants' own skills and interests.

College Planning Bootcamp

VSAC visited the HERO Program and shared vital information regarding next steps for college planning and resources available to students. Activities also included a college essay workshop, creating a Common App Account, and creating an FSA ID.

HERO Summer Exploration

Participants attended a three-day residential program at the University of Vermont where they shadowed health professionals at the University of Vermont Medical Center and Northwestern Medical Center, and engaged in health science activities, all while gaining comfort in a college environment.

Registration Info

To participate in HERO you must be a student at Burlington High School or Winooski High School.

HERO launches with an informational orientation for students and parents. Students interested in joining HERO must sign up to attend the orientation. Parents are strongly encouraged to attend as well. All required registration forms, releases and waivers will be available at the orientation. Language assistance and interpretive services will also be provided.

**For Winooski High School students orientation is on
FRIDAY, OCTOBER 11, 2019
from 5:30-7 pm
at Winooski High School
Sign up with Suzanne
Skaflestad in the Main Office
by September 27, 2019**

There is no cost to attend!

**HERO is FREE and open to students in grades 9 through 12.
BUT SPACE IS LIMITED.
(Don't wait too long to apply!)**

All materials, equipment & supplies are provided.